

YMCA All-Star Participation Guidelines

Congratulations on being selected for the Thomasville YMCA All-Star team. It is an honor to be selected as a reward to you for your hard work and dedication during this sports season. Being selected for the All-Star team comes with a lot of responsibility and dedication. Due to past issues and coaches' request, the following rules must be signed by the parent/guardian of each All-Star athlete. This signifies that the parent and participant have read and understand the rules and penalties.

All-Star Participation Guidelines

- 1. There is no guaranteed playing time.** Unlike local league rules, playing time for each participant will be up to the discretion of the coach. However the Y strongly encourages each coach to play all participants that attend practices regularly and have a proper attitude.
- 2. Participants must attend all team practices, games and functions** unless prior authorization by the coach, illness, or family emergency occurs. This includes team meeting, practices, games, fund raisers, etc. **Penalty:** If a player quits the team, a valid excuse must be given. Lack of playing time is not a valid excuse. The penalty for quitting a Thomasville YMCA All-Star team will be a 1 year suspension from being eligible to be on another Thomasville YMCA All-Star team, and the parents must appear before the YMCA Program Director before becoming eligible.
- 3. Being tardy and/or not having a good attitude on a regular basis** could result in expulsion from the All-Star team. If the child is causing a distraction to the team, then the coach can consult with the parents and the Thomasville YMCA Program Director regarding having the player removed from the team. **Penalty:** Removal of a player for conduct purposes will also carry a 1 year suspension from All-Star participation and appearance before the Thomasville YMCA Program Director.

** Parents are responsible for their own behavior. Unacceptable behavior will result in a removal from game/practice, and possible remainder of tournament.
- 4. There will be a lot of traveling involved.** Some days the team will leave Thomasville at a very early time (usually State) or around 3:00 or 4:00 PM pending District and State Brackets. It will be your responsibility to provide viable transportation to and from all team functions, if no other transportation is available. This also means arriving, leaving and/or picking up your child on time.
- 5. Tournament dates and brackets will be made available to all players at the time this agreement is issued or as soon as possible. Participants must be available during both district and state tournament dates. If you are not able to be available during all**

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tournaments, another player will be asked to fill your spot on the roster and you will not be eligible to participate.

Players cannot practice until this form has been signed and returned to the YMCA Program Director with a copy of the participant's birth certificate.

Athlete Name: _____ **Parent Signature:** _____

YMCA All-Star Selection Process

COACHES SELECTION:

The LEAGUE LEADING Head Coach will be given first consideration to coach the All-Star team after completion of at least 60% of season games.

- In the event the league leading head coach is unable to accept the head coaching position the YMCA will assign the All-Star head coach based on the YMCA Character Standards.
- The YMCA reserves the right to make all final coaching decisions.
- Assistant coaches are selected from parents of players on the all-star team by head coach as long as the parent(s) meets YMCA Character Standards.
- Players chosen to be on the All-Star team must attend both District and State GRPA tournaments dates and times.

EXPECTED BEHAVIOR OF ALL COACHES:

Remember that you are a youth sports coach, and that the game is for children and not adults.

- ✓ Maintain a positive, helpful and supportive attitude.
- ✓ Use appropriate language in appropriate tones when interacting with players, league officials, game officials, parents and spectators.
- ✓ Recognize that you are a representative of the Thomasville YMCA and the greater community.
- ✓ Exercise your authority/influence to control the behavior of the players, fans, and spectators.
- ✓ Exhibit gracious acceptance of defeat or victory.
- ✓ Accept and adhere to all rules and policies related to the participation in the sport.
- ✓ Allow and encourage the players to listen, learn and play hard within the rules.

PLAYER SELECTION:

- After completing at least 60% of play, coaches will submit their All-Star Selection forms with the names of UP TO 20 best players from their league.
- Officials and scorekeepers may offer names of players for submittal.
- The first 50% of the team will be chosen based on the players with the most votes from the coaches' nomination ballots. Consideration for the top nominated will also be given to players playing down for all-stars.
- The All-Star Head Coach will have the authority to pick the remainder of the team from names nominated. In doing so consideration may be given to position needs among other factors.
- Try-outs may be considered for those nominated players only.
- The max number of players for teams:
Baseball, Softball, Soccer: 12 Football: 25 Basketball: 10
- If the head coach's child is not rated as a top 12 player, he/she is guaranteed the '13th' position on the team.
- Participants playing up in regular season are eligible to play down in post season tournament(s). Age requirements must be met.

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At the coaches' team selection meeting, the coaches will be given a list of players who are eligible to play down.

Participants playing up a division in regular season:

- League of regular season play has first consideration of nominated participant.
- If not selected, age-appropriate league will be given the nomination for consideration.
- Player (parents) commit to participate at both District and State tournaments.
- Players that quit the team for non-medical/emergency reasons will be ineligible to participate in all-star play the following year.

EXPECTED BEHAVIOR OF ALL PLAYERS:

- ✓ Be positive about your all-star experience and accept responsibilities for your participation.
- ✓ Demonstrate good sportsmanship at every game and practice.
- ✓ Attend at least 75% of practices.
- ✓ Do your best to listen and learn from coaches.
- ✓ Treat all players, officials, and fans with respect.

NUMBER OF TEAM(S):

- There will be one all-star team per league. The YMCA reserves the right to add a second team. Consideration for a second team will be based on the following criteria: strength of talent in the league and number of players eligible.
- IF a second team is formed; the Head Coach for the first team selects and confirms first team players prior to second team being selected. The coach will have 48 hours to receive commitments from parents.
- The coach for the second team will attend a second meeting to pick the team from remaining nominations.
- Any player rated as a top 12 player, and invited to play on the first team, is eligible to play on the first team **only**. Players are not eligible to "swap" teams.

PARENTS:

EXPECTED BEHAVIOR OF ALL PARENTS:

- ✓ To remember that the game is for youth - not adults.
- ✓ To encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game and practice.
- ✓ To place the emotional and physical well-being of my child ahead of my personal desire to win.
- ✓ To do my very best to make youth sports fun for my child.

GENERAL INFO:

- The YMCA will purchase All-Star team jerseys.
- YMCA will cover entry fee for all GRPA tournaments.
- Players and parents must be willing to commit to attending both District and State GRPA tournaments for eligibility.