

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## KUNG FU

Shaolin Kung Fu teaches Character, Confidence, Control, and Coordination. The Choy Lay Fut style is a powerful fighting system based on 5 animals:

Snake Crane Tiger Panther Dragon



Weapon training is also taught and incorporated in the program. Come and join our class and be a part of the most powerful self-defense system in the world.

Age: 7 & up Days: Tuesday and Thursday Time: 6 pm Location: Everett-Milton Community Room Cost (Monthly): 1 Person – \$50 per person 2+ People – \$40 per person

1 free complimentary class offered to new participants of the program.

Contact Travis Gibbs for more information 229–221–4643 Sifu Travis Gibbs 4th Degree Black Sash