

# TEAM LEAN 2023

## ENTRY FORM

Please select one: Member \_\_\_\_\_

**\$50** - Early Bird (before 12/31/22)

**\$60** - Regular

Non-Member \_\_\_\_\_

**\$70** - Early Bird (before 12/31/22)

**\$80** - Regular

**\$100** - (includes 8 week adult membership)

*You must be at least 14 years of age by January 12, 2023 to participate.*

<b><u>Please Print Clearly</u></b>	Did you participate in 2022 Team Lean? <input type="checkbox"/> YES <input type="checkbox"/> NO	
First Name: _____	M.I.: _____	Last Name: _____
Date of Birth: _____	Gender: _____ M _____ F	(Check One)
Phone # (Cell): _____	Phone # (Work): _____	
Email Address: _____		
Address (Mailing): _____		
City: _____	State: _____	Zip: _____
Employer/Company Name: _____		
Emergency Contact: _____	Phone Number: _____	
COMPETITION CATEGORY: (Check One) <input type="checkbox"/> INDIVIDUAL <input type="checkbox"/> TEAM		
TEAM NAME: _____	* T-Shirt Size: _____	
*T-Shirt Size: T-Shirts will be given away at the end of the program. Please take weight lost during the competition into consideration for T-Shirt size.		

### GENERAL RELEASE/ WAIVER

I understand that prior to beginning any specific diet or exercise program that I should consult my physician. This program is strictly to encourage a healthier lifestyle and is not promoting a particular diet or exercise program. In submitting my entry, I for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have now or hereafter arising against Archbold Medical Center, the Thomasville YMCA & Youth Center Inc., and all sponsors and their employees, officers, directors, principals, agents, representatives, successors, and assigns, including but not limited to any and all claims of damages, injuries, demands, actions whatsoever, however they may occur, arising as a result of my participation directly or indirectly in said Team Lean program. Any disputes should be directed to the Team Lean committee members. I hereby grant full permission to any and all of the foregoing to use my name, my voice, and /or picture in any broadcasts, telecasts, advertising, promotion or other account of this event for any purposes whatsoever without thought of remuneration. If under 18 years of age, parent's signature required.

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# TEAM LEAN 2023

## TEAM ROSTER FORM

### PLEASE READ:

- Designate one person as the Team Captain.
- Only the Team Captain should complete the Team Roster Form (one per team).
- Teams must consist of 4 or 5 people.
- Team Captain is responsible for understanding the rules and regulations, as well as serving as the main contact on all competition-related issues.

**TEAM NAME:** \_\_\_\_\_

### TEAM ROSTER:

**Team Captain**

**Name:** \_\_\_\_\_

**Member # 2**

**Name:** \_\_\_\_\_

**Member # 3**

**Name:** \_\_\_\_\_

**Member # 4**

**Name:** \_\_\_\_\_

**Member # 5**

**Name:** \_\_\_\_\_

*Team Members cannot be added/replaced once the program begins.*