



Phase 1 Reopening Guidelines (*Effective 5-1-2020*)

Everett-Milton YMCA

- Temporary Hours of Operation: Monday-Friday (7:00AM – 7:00PM); Saturday (8:00AM – 12:00PM)
- Temperature checks for all members and staff.
- Touch-free entrance and check-in process.
- Increased sanitizing of equipment and surfaces.
- 10-person limit in each workout room.
- Must maintain physical distancing (6 feet apart).
- Staff will have personal protective equipment (masks and gloves).
- Spacing requirements on cardio equipment – every other machine.
- Time limits on cardio equipment will be enforced if people are waiting.
- Members must disinfect equipment before and after use. Gym wipes will be provided.
- Members encouraged to wash hands before and after working out with soap and water for at least 20 seconds.
- Lobby seating area will be temporarily removed.
- No guest passes. Facility use will only be for members only during Phase I.
- The following will remain closed during Phase 1 for safety reasons:
 - Swimming Pool
 - Child Watch
 - Group Exercise Classes
 - Basketball Gymnasium
 - Racquetball Courts
 - Saunas / Steam Rooms / Hot Tub
 - Coffee Service
 - Towel Service

We will continue providing virtual resources for our members who are still sheltering at home. You should only return to the Y if you feel safe doing so. Members with pre-existing health conditions should exercise caution before returning. Anyone displaying flu-like symptoms should not come! We will continue to review these guidelines regularly and communicate changes through our website and social media to meet federal, state and local guidelines. In the meantime, please stay safe and we look forward to seeing you back at the Y real soon!

Please visit our Facebook page "THOMASVILLE YMCA" for daily virtual workouts!