



WRESTLING Spring 2022



REGISTRATION: December 17, 2021 – February 7th, 2022

- For your convenience, you can now register online @ www.ymca-thomasville.org
- Register at the YMCA or Online before 6pm on Feb 7th
- **\$20.00** Late Fee Registration after Feb. 7th

Refund Policy: Upon approval & prior to a child starting the program, a partial refund of 80% will be issued.

No refund after the first session.

AGES: 5-12

FEES:

- **Member Fee \$50.00**
- **Potential Member Fee \$70.00**

Financial assistance is available for qualifying individuals per the YMCA's ability to fund. Please pick up and return a completed financial assistance application to the YMCA prior to February 1, 2022.

Information is subject to change. Updates will be sent via text. Sign up for alerts at:
WWW.YGAMETIME.COM

PROGRAM INFORMATION:

The Thomasville YMCA offers a 6 week wrestling program. Participants learn the basic techniques and fundamental holds to help them become better wrestlers. Conditioning is also a valued part of this program. The instructors are comprised of Thomas County School Coach Ray Williams, Neil Williams, and players.

WRESTLING ATTIRE :

It is recommended that wrestlers wear tight compression shirts to prevent both tears to the clothing and injuries while wrestling. Also, if you have gently worn wrestling shoes that you are not in need of, please consider bringing them to the introduction meeting as a donation.

INTRODUCTION MEETING:

Tuesday, February 8, 2022 at 6:00pm at the Butler-Mason YMCA.

Weigh-in and review rules.

PRACTICE: *All practices at the Butler-Mason YMCA gym.

Dates: **February 15th, 21st March 1st, 8th, 15th, 22nd**

All Practices on **Tuesday (except Monday 2/21) nights 6-7pm.**

Wrestling shoes highly encouraged.

****Time subject to change based on number of participants****

For more information contact Grant Wiles @ (229)226-0133 or gwiles@ymca-thomasville.org

It is the mission of the Thomasville YMCA to put Christian principles into practice through programs that build healthy spirit, mind and body for all. Financial assistance is available for those that qualify. Please see Member Services for details. www.ymca-thomasville.org