



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **American Red Cross Lifeguard Training**

**Please make sure to bring a towel, goggles and change of clothes**

**Participants will be expected to pass pre-test requirements in order to continue class.**

**Pre-test requirements: 500 yard swim, brick test, and 2 minute tread in water.**

**Red Cross Lifeguarding Certification Includes: First Aid, AED, and Lifeguarding all valid for 2 years.**



**Where: Everett-Milton**

**Monday, October 7, 9:00am -5:00pm**

**Tuesday, October 8, 9:00am -5:00pm**

**Wednesday, October 9, 9:00am -5:00pm**

**Class Fees: \$175.00**

**Recertification fees: \$80.00**

**FULL Reimbursement of class fees after working 50 hours at any Thomasville YMCA**

**Registration NOW!**

**(All fees must be paid by Friday, October 4th)**

**For more information, please contact:**

**Sammy Morrow, [smorrow@ymca-thomasville.org](mailto:smorrow@ymca-thomasville.org)**

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**YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.**