



2026 Football Summer Conditioning

REGISTRATION: May 6th – June 17th

- For your convenience, you can now register online @ www.ymca-thomasville.org
- **Refund Policy:** Upon approval & prior to first training session, a partial refund of 80% will be issued.

LEAGUES OF PLAY: Ages 6-12

Registration Fee:

- Member Price \$20.00
- Potential Member Price \$40.00

The YMCA is always in need of quality coaches for all leagues of play. Background checks are required for all volunteers.

Summer Football Workouts is designed to prepare players for the upcoming Football Season by teaching fundamentals such as offense, defense & conditioning.

Training Dates: Two Day Camp

Wednesday June 17th

Thursday June 18th

Clinic Time: 5:30pm – 7:00pm

Clinic Location: E Section Remington Park

Rainout Line: 229.584.0183

Parent Information:

- Make sure the YMCA has updated phone numbers.
- Players provide cleats/tennis shoes.
- The YMCA provides all other equipment.
- Bring a water bottle.

All participants are highly encouraged to join the YMCA Fall Football League upon completion of the Summer Workout Program. An additional charge of \$30 to register for the 2024 Football Season.

For more info contact Houston Massey @ (229) 226-0133 or hmassey@ymca-thomasville.org