



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

American Red Cross Lifeguard Training

Please make sure to bring a towel, goggles and change of clothes

Participants will be expected to pass pre-test requirements in order to continue class.

Pre-test requirements: 500 yard swim, brick test, and 2 minute tread in water.

Red Cross Lifeguarding Certification Includes: First Aid, AED, and Lifeguarding all valid for 2 years.



Where: Everett-Milton

Thursday, December 19th, 9:00am -5:00pm

Friday, December 20th , 9:00am -5:00pm

**Saturday, December 21st , 9:00am -
5:00pm**

Class Fees: \$175.00

Recertification fees: \$80.00

FULL Reimbursement of class fees after working

Registration NOW!

(All fees must be paid by Wednesday, December 18th)

For more information, please contact:

Sammy Morrow, smorrow@ymca-thomasville.org

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.